

## Groups & Programs

# Integrated Falls Assessment Service

**1 in 3 people over the age of 65 have at least one fall a year. We want to help beat those odds.**

Our Integrated Falls Assessment Service designed to help older adults:

- Maintain independence
- Keep moving
- Avoid the risk of falls related injury
- Receive holistic treatment for their overall health and wellbeing.

The program is led by a Geriatrician, who provides a falls management plan in consultation with other services. The program requires a GP referral and the GP is updated on their patient's progress.

Depending on each individual's needs, they may also be connected with:

- A Physiotherapist
- An Occupational Therapist
- Falls Prevention group program
- Community Nurse Service
- Dietician Service
- Our other groups & programs



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## Program Info & Details

**Where:** Level 2, 43 Carrington Rd Box Hill

**Costs:** Medicare card holders with a GP referral may be eligible for a full rebate for this service.

**Additional Services** may require fee's to be reviewed during the assessment stages of the service.

**Enquiries:** [ifas@carringtonhealth.org.au](mailto:ifas@carringtonhealth.org.au)

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**Carrington Health**

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