



Integrated  
**Diabetes**  
Education &  
Assessment  
Service

IDEAS is an integrated team care approach to managing Type 2 diabetes.

Your patients will have access to comprehensive diabetes care with the support services of community health, in the one place at the one time.

This service is held to help people manage their own health, reduce the risk of diabetes complications and improve health outcomes while partnering with GP's. The program provides practical education as well as support.

Your patient can receive support via:

- An Eastern Health Endocrinologist
- Diabetes nurse educators
- Podiatrists
- Dietitian Services
- Interpreter Service (if required)
- Episodic care in partnership with their regular GP.



**For Patient Referrals-**

**Fax: 9898 8010**

**Phone: 8843 2318**

**Email: [ideas.boxhill@carringtonhealth.org.au](mailto:ideas.boxhill@carringtonhealth.org.au)**

**Or-**

Box Hill Hospital Outpatients

Dept marked 'IDEAS'

**Fax: 9895 4852**

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IDEAS is an established partnership between Eastern Health and local Community Health services since 2009.

This service is supported by funding from the Australian Government under the PHN Program