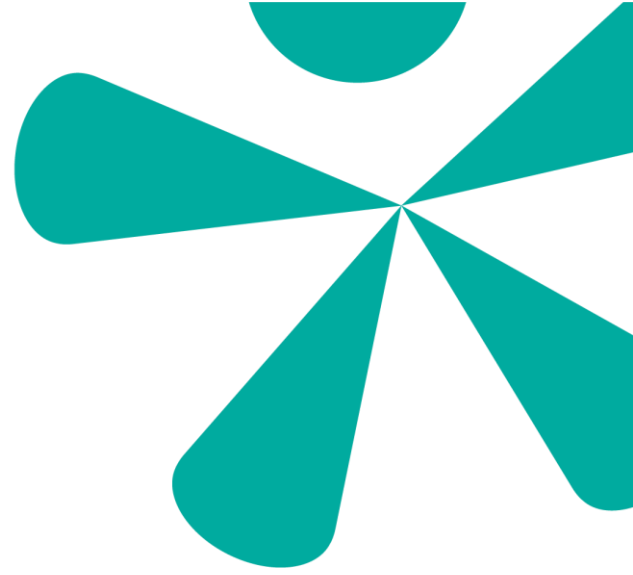


# Therapy Supports

Information for people with  
disability



43 Carrington Rd, Box Hill VIC 3128  
T (03) 9890 2220

[carringtonhealth.org.au](http://carringtonhealth.org.au)

## Why choose Carrington Health?

**We are a not-for-profit organisation that provides individual services and group programs for people of all ages and abilities.**

We've been a part of our community for over 30 years and are committed to supporting people with disability through our therapies and services.

We are a registered NDIS provider which means you may be able to access our services via your NDIS plan.

## What therapies and services do you provide?

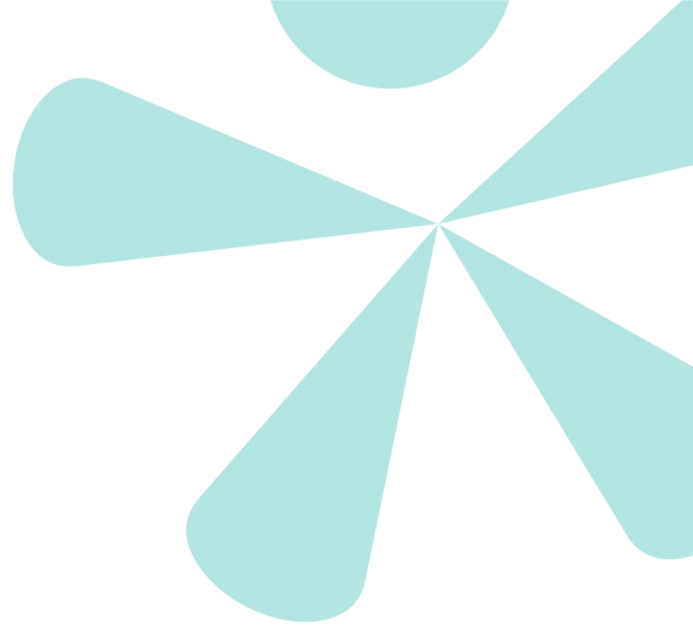
- **Occupational Therapy**
- **Physiotherapy**
- **Exercise Physiology**
- **Speech Pathology**
- **Mental Health Services** including counselling and child psychology
- **Dietitian Services**
- **Podiatry** and;
- **PATCH (Paediatric Assessment and Treatment)** which is a multidisciplinary service for children from infancy through to adolescence.

## What are your groups and programs?

- **Good Life** supported exercise therapy
- **Physio balance and strength**
- **Moving Together** (chair based strength and balance)
- **Tai Chi for balance**
- **Wellness Program** (led by an Exercise Physiologist)
- **Men's Shed** social support group
- **Carrington Cafe** (for people with Younger Onset Dementia and their carers)

**If you or someone you know would like to find out more about our therapy options for people with disability contact us on T(03) 9890 2220**





**For more information  
contact:**

**T(03)9890 2220**  
[info@carringtonhealth.org.au](mailto:info@carringtonhealth.org.au)

Level 2, 43 Carrington Road  
Box Hill VIC 3128  
[carringtonhealth.org.au](http://carringtonhealth.org.au)