

Services Information

Home Care Packages

What is a Home Care Package?

Home Care Packages are individually planned and coordinated to help older people live at home longer. A Home Care Package is fully or partly funded by the Australian Government's My Aged Care system.

What do Carrington Health provide?

Care Management from start of assessment, care planning, implementation, monitoring and advocacy.

Health Services including occupational therapy, podiatry, exercise physiology, speech therapy, dietetics, physiotherapy and groups and programs.

As well as support in accessing:

Personal Care such as showering, bathing, assistance with self-medication, dressing and nutrition.

Clinical Care such as wound and continence management



Help at Home such as meal preparation, cleaning, laundry, shopping, banking, gardening and home maintenance.

Social Support such as social activities, individual activity, transport and social support groups.

Carer Support including support groups and counselling.

How can I access a Home Care Package?

To access a Home Care Package, you need to be assessed by My Aged Care who will decide the level of care you need based on your individual situation.

Home Care Packages

Our care management team can support you to navigate the system and contact the Aged Care Assessment Service (ACAS).

Why choose Carrington Health as your Home Care Package provider?

We are dedicated to finding the right care solutions to meet the needs of our clients, while working together to achieve your overall health and wellbeing goals.

Each of our Care Managers are highly experienced and can assist you in navigating the Aged Care system. We pride ourselves on providing a personalised service which allows for flexibility as needs change.



Contact us to talk about your care needs today:

Phone 9430 9141